

Contact: Marina MacDonald / Jeff Dallas  
Nelson

Remington  
(972) 980-2700  
[marinamacdonald@remingtonhotels.com](mailto:marinamacdonald@remingtonhotels.com)  
[jeffdallas@remingtonhotels.com](mailto:jeffdallas@remingtonhotels.com)

Norbert Beatty / Michelle

MMG Mardiks  
(212) 219-7560 ext. 6772/6762  
[nbeatty@mmgmardiks.com](mailto:nbeatty@mmgmardiks.com)  
[mnelson@mmgmardiks.com](mailto:mnelson@mmgmardiks.com)

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## **REMINGTON UPGRADES FITNESS OFFERINGS AT ALL MANAGED HOTELS**

*Enhancements Spearheaded by Spa/Fitness/Wellness Vice President Lorraine  
Park*

DALLAS (September 5, 2006) – Fitness offerings have emerged as an increasingly important factor in hotel selection by business and leisure guests. As this trend continues across the hospitality industry, Remington spearheads significant enhancements of fitness facilities and offerings at its managed hotels and resorts nationwide.

Remington now offers 32 properties with fitness centers, and continues to distinguish their properties as the company's managed fitness facilities aim to meet rising fitness standards. Remington will ultimately provide amenities such as LCD integrated TV screens, medicine and beauty balls, stretching areas as well as a selection of weights, and access to bosu balance and Reebok core boards allowing guests to concentrate on their individual fitness goals. At every branded property, Remington carefully adheres to partners' brand standards in fitness facilities.

"We recognize the strategic importance of wellness and fitness offerings, and how they contribute to each hotel's personality," remarked Mark Sharkey COO. "As we continue building Remington's reputation as a hospitality leader, we will dedicate resources to the brand's wellness programs and facilities. With an increasingly competitive market, we aim to further differentiate ourselves from the competition with exceptional guest fitness experiences."

Remington continues to develop spas at properties giving each its own sense of place and point of distinction. The company recently appointed Lorraine Park as vice president of spas, a newly created position to oversee Remington's spa, fitness and wellness development. Lorraine will also apply her expertise to further developing fitness facilities, among the top determining factors travelers cite for selecting hotels. Remington's initial spa property, opening Spring 2007, will be Sea Turtle Resort in Jacksonville, Florida and will feature a 6,000 square-foot spa and fitness

facility. The company's premier spa property, Las Montanas Resort & Spa in Indian Wells, California near Palm Springs, will feature a 25,000-square-foot spa and wellness center and is currently under development.

"The growing emphasis on fitness facilities and wellness programs at hotels demonstrate a heightened importance of healthy lifestyles among guests," remarked Lorraine Park. "Upscale fitness centers help to make guests feel at home by encouraging daily exercise routines and ultimately minimizing stress levels. Remington aims to ensure an 'Always in Your Element' feeling for each guest."

**About Remington:** Remington is the premier service provider to the hospitality industry. One of the largest independent hotel service companies in the U.S., Remington currently has property, project and asset management assignments from coast to coast for many of the world's leading hotel owners and developers. The Company's experience spans all lodging types, segments and locations, including 12 different brands, independents and hotel condominiums. For more information about Remington, please visit [www.remingtonhotels.com](http://www.remingtonhotels.com).